

# CYCLE CULTURE

## INDOOR CYCLING/SPINNING STUDIO - CURRENT SCHEDULE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:45 - 7:30	DARBI		JAMIE		IZABELA		
7:15 - 8:00		IZABELA		FRANKIE			
7:30 - 8:15						PAUL	
9:00 - 9:45						IZABELA	
9:30 - 10:15		IZABELA		DARBI			
10:00 - 10:45							DARBI
10:30 - 11:15						IZABELA	
12:00 - 12:45	PAUL		JAMIE		HEIDI		
18:00 - 18:45	HEIDI		HEIDI				
19:15 - 20:00		FRANKIE		FRANKIE			