

# CYCLE CULTURE

## INDOOR CYCLING/SPINNING STUDIO - CLASS SCHEDULE - OCTOBER

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:30 - 7:15	IZABELA		AMY		DAN		
7:00 - 7:45		PAUL		PAUL			
7:30 - 8:15						IZABELA	
9:00 - 9:45						HENRY	
9:30 - 10:15	HENRY		AMY				DAN
10:30 - 11:15							
12:00 - 12:45		PAUL		PAUL			
12:30 - 13:15	HENRY		AMY		JAMIE		
18:30 - 19:15	AMY		DAN				
19:00 - 19:45		HENRY		PAUL			